

INDIA'S PREMIER ARTHROSCOPY
CONFERENCE IS HERE.
WELCOME TO COIMBATORE.

IASCON 2022

19th ANNUAL CONFERENCE OF INDIAN ARTHROSCOPY SOCIETY

coimbatore
15 - 17 Sept 2022



Don't Miss It!!!

1st DAY - 15th SEPT:
15+ LIVE SURGERIES
You name it, You get it

2nd and 3rd DAY - 16th, 17th SEPT:
10+ ADVANCED LIVE SURGERIES

FIRST TIME IN IASCON:
Meniscus Allograft Transplantation
Muscle Sliding / Lower Trapezius Muscle Transfer
Episealer Cartilage Surgery
Superior Capsular Reconstruction

MASTERCLASS PROGRAM
*for Scopy Enthusiasts
and Post Graduates
Delivered by Masters*

Scope to all

- 08:00 - 08:45 AM **LIVE SURGERY: ACL RECONSTRUCTION USING HAMSTRING GRAFT**
- 08:45 - 09:30 AM **LIVE SURGERY: MENISCUS REPAIR-BUCKET HANDLE TEAR**
- 09:30 - 10:30 AM **ACL SESSION**
[7 minutes each] Arthroscopic Classification & treatment algorithm of Acute ACL injuries.
How to make a perfect ACL tunnel
Avoiding complications in ACLR
Partial ACL Injury and Management
ACL Avulsion Classification indication and techniques
Paediatric ACL injury treatment algorithm
Discussion
- 10:30 - 11:30 AM **MLKI SESSION : ANATOMY & TECHNIQUES OF RECONSTRUCTION**
[7 minutes each] Anatomy of PCL & Current concepts of PCL reconstruction
PLC anatomy and repair
PLC reconstruction by Larson technique
PLC reconstruction by Laprade technique
Popliteal sling reconstruction- When & How?
MCL Anatomy & repair
MCL reconstruction
Discussion
- 11:30 - 12:15 PM **LIVE SURGERY: PCL SINGLE BUNDLE RECONSTRUCTION**
- 12:15 - 12:45 PM **LIVE SURGERY: OATS**
- 12:45 - 1:30 PM **LIVE SURGERY: MCL/PLC RECONSTRUCTION**
- 1:30 - 2:15 PM LUNCH & TRADE VISIT**
- 2:15 - 2:45 PM **CARTILAGE SESSION**
[7 minutes each] Cartilage lesions classification and approach
OATS-Current updates
Current updates on Autologus Chondrocyte Implantation & BMAC
- 2:45 - 3:15PM **LIVE SURGERY: MPFL RECONSTRUCTION**
- 3:15 - 3:45PM **LIVE SURGERY: ACL/PCL AVUSLION FIXATION**
- 3:45 - 4:15PM **MENISCUS SESSION**
[7 minutes each] Decision making in meniscus injury
Indications and techniques for partial meniscectomy
Radial tears management
Discoid lateral meniscus management
Discussion
- 4:15 - 5:00 PM **LIVE SURGERY : ROOT REPAIR+HTO**
- 5:00 - 6:00 PM **HANDS ON BONE MODEL WORKSHOPS**

- 8:00 - 9:00 AM **LIVE SURGERY: ARTHROSCOPIC CAPSULAR RELEASE**
- 9:00 - 10:00 AM **LIVE SURGERY: ARTHROSCOPIC SUPRASPINATUS REPAIR -SINGLE ROW**
- 10:00 - 10:45 AM **ROTATOR CUFF: ANATOMY, BIOMECHANICS, CURRENT CONCEPTS**
[7 minutes each] Patient positioning and portal placement
Anatomy and Biomechanics of cuff
Partial cuff tear - Repair
Arthroscopic Barbottaging for Calcific tendinitis
Adhesive capsulitis - role of MUA/ACR
Discussion
- 10:45 - 11:30 AM **INSTABILITY: CLINICAL & RADIOLOGICAL ASSESSMENT**
[7 minutes each] Assessment of Glenoid bone loss
On vs off track Hill sachs defects
Shoulder instability - Treatment algorithm.
Subscapularis augmentation for anterior instability
Role of Remplissage: My experience
Discussion
- 11:30 - 12:15 PM **LIVE SURGERY: BANKARTS REPAIR + REMPLISSAGE**
- 12:15 - 1:00 PM **LIVE SURGERY: ROTATOR CUFF - DOUBLE ROW**
- 1:00 - 1:30PM **LIVE SURGERY: ROTATOR CUFF REPAIR - SURGICAL TECHNIQUE**
[7 minutes each] Mini-open Cuff
Single Row cuff repair
Double Row cuff repair
Role of biceps in cuff repair
Discussion
- 1:30 - 2:15 PM LUNCH & TRADE VISIT**
- 2:15 - 3:15 PM **LIVE SURGERY: OPEN LATARJET**
- 3:15 - 4:00 PM **LIVE SURGERY: PARTIAL CUFF TEAR REPAIR+ LATERAL ACROMIOPLASTY**
- 4:00 - 5:00 PM **LIVE SURGERY: REVERSE SHOULDER ARTHROPLASTY**
- 5:00 - 5:30 PM **RELIVE- ROBOTIC LATISSIMUS DORSI TRANSFER by Dr JOSE CARLOS GARCIA**
- 5:30 - 6:00 PM **HANDS ON BONE MODEL WORKSHOPS**

6.30 PM ONWARDS | INAUGURATION CEREMONY & SPORT'ASTIC SESSIONS



SPORTS ENTHUSIASTS CLUB



Mr. Abhinav Bindra (Shooter) | Mr Bhaichung Bhutia (Footballer) | Mr. T Natarajan (Cricketer)

- 9:00 - 10:00 AM **LIVE SURGERY: DIAGNOSTIC ANKLE SCOPY & OCD MANAGEMENT**
- 10:00 - 11:00 AM **ANTERIOR & POSTERIOR ANKLE SCOPY**
[10 minutes each] Ankle scopy: Portals & Set up
Anterior ankle impingement-Indications & surgical technique
Posterior ankle impingement -Indications & surgical technique
Arthroscopic assisted Ankle Fusion-10 Case series
Discussion
- 11:00 - 12:00 PM **ANKLE INSTABILITY SESSION**
[10 minutes each] Ankle Instability- Assessment, Diagnosis and indication
Modified Brostrum repair using internal brace
Open Brostrum
OCD Talus
Chronic Syndesmotic injury -Scopy & Open Management
Discussion
- 12:00 - 12:30 PM **CLINICAL CASE DISCUSSION**
- 12:30 - 1:30 PM **EXTENDED SCOPY AROUND FOOT & ANKLE SESSION**
[10 minutes each] Weird & wonderful - Midfoot scopy
Endoscopic gastroc recession
Endoscopic Management of Haglund Syndrome by Triportal technique.
Tendoscopy
Arthroscopy in fractures
Arthroscopic assisted Subtalar Fusion
Discussion
- 1:30 - 2:15 PM LUNCH & TRADE VISIT**
- 2:15 - 3:30 PM **LIVE SURGERY: HIP SCOPY FOR FAI**
- 3:30 - 4:30 PM **HIP SESSION**
[10 minutes each] HIP Scopy: Set up, portals & Instruments
HIP Scopy: Indications & Complications
Clinical evaluations & types of FAI
Pincer -FAI Radioligical evaluation & management
CAM -FAI Radioligical evaluation & management
Extra articular hip arthroscopy
Discussion
- 4:30 - 5:30 PM **HANDS ON BONE MODEL WORKSHOPS**

- 9:00 - 10:00AM **LIVE SURGERY: DIAGNOSTIC WRIST ARTHROSCOPY AND TFCC REPAIR**
- 10:00 - 11:00 AM **WRIST SESSION 1**
[10 minutes each] Wrist arthroscopy- Set up & portals
Wrist arthroscopy - Diagnostic round
Role of wrist arthroscopy in decision making in Hand and Wrist Surgery
Arthroscopy ganglion excision & synovectomy
Scapholunate ligament tears From Open surgery to arthroscopy
Discussion
- 11:00 - 12:00 PM **WRIST SESSION 2**
[10 minutes each] Capsular TFCC repair
Foveal TFCC repair
TFCC tears: Arthroscopic Reconstruction
Internal Brace Repair for Acute Scapholunate Tear: Assessing the Benefits
Arthroscopic management of scapholunate dissociation
Discussion
- 12:00 - 12:30 PM **CLINICAL CASE DISCUSSION**
- 12:30 - 1:30 PM **WRIST SESSION 3**
[10 minutes each] Role of Arthroscopy in distal radius fracture
How I manage Acute DRUJ Instability
How I manage Chronic DRUJ Instability
New Horizons: Nanoscopy in Wrist & Hand
Arthroscopic carpal fusion
Discussion
- 1:30 - 2:15 PM LUNCH & TRADE VISIT**
- 2:15 - 3:00PM **LIVE SURGERY: ELBOW ARTHROSCOPY & LOOSE BODY REMOVAL FOR OCD CAPITELLUM**
- 3:00 - 4:00PM **ELBOW SESSION**
[10 minutes each] Elbow Arthroscopy - portals, set up & indications
Surgical technique for Arthroscopic tennis elbow release
Posterior impingement of elbow in athlete: an Arthroscopic solution
Elbow instability - LUCL and UCL reconstruction
Arthroscopic arthrolisis of stiff elbow
Discussion
- 4:30 - 5:30 PM **HANDS ON BONE MODEL WORKSHOPS**

6.30 PM ONWARDS | INAUGURATION CEREMONY & SPORT'ASTIC SESSIONS

SPORT'astic TALKS BY

- "My Journey from Hockey to Golf" - Dr David V Rajan
"My Bikeoholic escapade" - Dr Anant Joshi
"Doc on the boat" - Dr Arumugam
"Scuba Dive into the world of tranquility" - Dr Ashish Babulkar
"Life's a bit like mountaineering - never look down." - Dr IPS Oberoi
"Triathlon does not build character.... it reveals it" - Dr Shrish Pathak



INSPIRATIONAL TALK by
Prof S Rajasekaran

MEGA PERCUSSION & DANCE SHOW
BY TEMPLE OF FINE ARTS
SHIVANJALI



DAY # 02

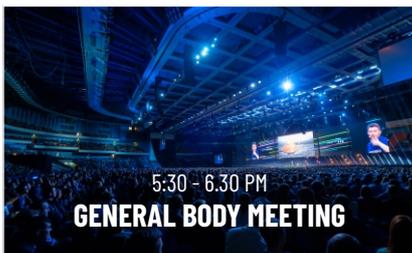
FRI - 16 SEP

Hall-A | KNEE

Hall-B | SHOULDER

- 8:00-9:00 AM **LIVE SURGERY: PCL RECONSTRUCTION**
 9:00-10:00 AM **ACL SESSION**
 [7 minutes each] Is each ACL to be customised or is it better be standard for all cases
 Early results of oval rectangular single bundle ACLR
 Errors, complications with ACLR
 Role of internal bracing in ACLR: Should we do or not?
 Role of Anterolateral ligament in ACLR in athletes & non athletes
 All-inside equivalent ACL reconstruction
 All-inside ACLR - Tips and tricks to avoid mishaps
Discussion
- 10:00-10:10 AM **KEY-NOTE: ARE WE MOVING AWAY FROM CLINICAL MEDICINE?**
 by Dr ANANT JOSHI
- 10:10-10:30 AM **BPTB SESSION**
 [7 minutes each] Role of BTB graft in ACLR: Current Updates
 Double incision BPTB- Harvest technique & outcome
Discussion
- 10:30-11:00 AM **PANEL DISCUSSION- REVISION ACLR**
 11:00-11:15 AM **PRESIDENT ORATION: STATE OF THE ART OSTEOTOMY IN 2022**
 by Dr ADRIAN WILSON
- 11:15-11:30 AM **PAST PRESIDENT ORATION by Dr IPS OBERAI**
 11:30-11:40 AM **INDIAN LIGAMENT REGISTRY by Prof ARUMUGAM**
 11:40-12:10 PM **ISAKOS SESSION/ AOSSM SESSIONS**
 12:10-1:10 PM **SYMPOSIA-HTO (BIOTEK)**
 [7 minutes each] Biomechanics & planning
 MCL management & avoiding NV injury
 Hinge management in HTO
 HTO in ACL deficient knee
 Tibial Condylar Valgus Osteotomy for Knee Instability (TCVO by Chiba) - Indications and Technique.
 High tibial osteotomy combined with cartilage repair procedures versus only HTO
Discussion
- 1:10 - 2:00 PM **LUNCH & TRADE VISIT**
- 2:00-3:00 PM **LIVE SURGERY: ACL+HTO**
 3:00-3:30 PM **PANEL DISCUSSION MLKI**
 3:30-4:30 PM **PCL SESSION**
 [7 minutes each] Should i conserve PCL tears?
 PCL repair-Indications & technique
 PCL reconstruction-Indication & Single bundle Reconstruction
 ALL inside PCL- Technique and complication
 PCL with Remnant preservation
 Arthroscopic management of PCL avulsion injury
Discussion
- 4:30-5:00 PM **BEYOND MENISCUS REPAIR!! TECHNIQUES & OUTCOMES**
 [7 minutes each] Centralization with root repair-Technique & Outcome
 Biological augmentation for meniscus repair- Why, When & How
 Meniscal transplantation techniques & outcome
Discussion
- 5:00-5:30 PM **LIVE SURGERY: ACL RECONSTRUCTION WITH HAMSTRING GRAFT**

- 8:00-9:00 AM **INSTABILITY SESSION**
 [7 minutes each] First time dislocation: how to approach?
 Arthroscopic Remplissage in shoulder instability - Current update
 PIGHL in instability
 HAGL , GAGL and BHAGL lesions as cause of shoulder instability-Diagnosis and repair
 Posterior instability
 Global labral tear repair techniques
Discussion
- 9:00-10:00 AM **LIVE SURGERY: BANKARTS+ REMPLISSAGE**
 10:00-10:50 AM **VIDEO TECHNIQUES**
 [5minutes each] 1. Linked single row cuff repair
 2. Double row Speedbridge RC repair
 3. Ideal cuff repair (SCOI technique or Double row knotless)
 4. Arthroscopic Technique to repair Delaminated Rotator cuff tears
 5. Superior Capsular Reconstruction
 6. Paralabral cyst - Subacromial decompression or total cyst excision
 7. Suprascapular nerve decompression
Discussion
- 10:50-11:00 AM **KEY-NOTE: POPULAR SHOULDER SURGERIES THAT I RARELY DO!**
 by Dr SANJAY DESAI
- 11:00-11:15 AM **PRESIDENT ORATION: STATE OF THE ART OSTEOTOMY IN 2022**
 by Dr ADRIAN WILSON
- 11:15-11:30 AM **PAST PRESIDENT ORATION by Dr IPS OBERAI**
 11:30-11:40 AM **INDIAN LIGAMENT REGISTRY by Prof ARUMUGAM**
 11:40-12:10 PM **DEBATES [4MINS VS 4MINS + 2MINS VERDICT]**
 First time dislocator- Operate or Not Operate
 SLAP Tear Operate or Not Operate
 Biceps-Tenotomy or Tenodesis
SYMPOSIA - CUFF SESSION (STRYKER)
 [7 minutes each] Partial Cuff tear-Lets find the way out!
 Pearls and pitfalls in Cuff repair
 Arthroscopic revision rotator cuff repair: tips & outcomes of surgery
 Muscle advancement for large to massive/ irreparable tears
 Implantless cuff repair
Discussion
- 1:10 - 2:00 PM **LUNCH & TRADE VISIT**
- 2:00-2:45 PM **PANEL DISCUSSION-BONY BANKART (2 CASES) & REVISION BANKART (2 CASES)**
LIVE SURGERY: CUFF REPAIR
WRIST SESSION
 Wrist arthroscopy: where are we in 2022
 Conquering the smallest joints: CMC, MCP joint scopy.
 Arthroscopic Management of Scaphoid fractures
 Scaphoid non-union: place of arthroscopy in the therapeutic armamentarium
 Indications and limitations of arthroscopic radial styloidectomy and Wafers procedure
Discussion
- 4:30-5:30 PM **LIVE SURGERY: LOWER TRAPEZIUS TRANSFER**



6.30 - 7.30 PM

Interact with The Legend - Ulaganayagan Padmashree **Dr Kamal Hassan**

DAY # 02

FRI - 16 SEP

Hall-C **MASTERCLASS - Knee**
Theme - Battle

Hall-D | **PAPERS**

- 8:30 - 9:00 AM **CLINICAL EXAMINATION - KNEE**
- 9:00 - 10:00 AM **PREPARE FOR BATTLE**
[7 minutes each] *The Setup - Patient & OR*
Know your weapon - Instruments
- HOW TO ATTACK**
Secrets of Anterior Portals
Making safe Posterior Portals
- HOW TO DEFEND**
Clear Vision & Dexterity in Arthroscopy
Safeguarding your loved ones! Instrument Handling & Sterilization
- Discussion**
- 10:00 - 11:00 AM **BATTLE TACTICS -1 !!**
[7 minutes each] *BTB harvest & Quadriceps harvest*
Hamstring Harvest & Peroneal longus harvest
Graft Selection for ACL
- BATTLE TACTICS -2 !!**
Headshot! Aiming with the ACL jigs!
Tools to play | Implants in ACL Reconstruction
ACL Foot Print - Surgeon's evolution from 1980s to 2022
- Discussion**

- 8:00 - 9:00 AM **FREE PAPERS - KNEE [5MINS+ 1MINS DISCUSSION]**
- 9:00 - 10:00 AM **FREE PAPERS - SHOULDER [5MINS+ 1MINS DISCUSSION]**
- 10:00 - 11:00 AM **GOLD MEDAL SESSION - ANKLE, WRIST & HIP**
[7 minutes each]
- *Can full thickness peroneus longus graft be used for ACL reconstruction? Prospective study with isokinetic testing and functional outcomes*
 - *Hip pathologies of central and peripheral compartment managed by hip arthroscopic procedures*
 - *Interim outcomes of Hip arthroscopy, Core Decompression, Intralesional BMAC and Zolendronic acid in ONFH*
 - *Outcomes of osteochondral transplantation of the talus: a case series*
 - *A comparative study of outcome of arthroscopic decompression in posterior heel pain*
 - *Arthroscopic ankle arthrodesis, comparison of three different techniques*

11.00 - 11.40: Plenary sessions: Orations - Hall A

- 11:40 - 12:10 PM **MENISCUS REPAIR- BASICS!**
[7 minutes each] *Preparing meniscus for repair*
Misfiring of All inside implants: Amateur's Nightmare
Safety incisions for Inside Out Repair
- Discussion**
- 12:10 - 1:10 PM **SYMPOSIA- CARTILAGE + ORTHOBIOLOGICS**
[7 minutes each] *Microfracture-where are we now?*
Chondral injuries in the young
Autocart cartilage repair
OATS
Techniques- MACI & Osteochondral Allograft
One Step cartilage repair using BMAC
Role of adipose derived SVF in OA & AVN
Allogeneic MSCs (Mesenchymal stem cell) in OA
- Discussion**
- 1:10 - 2:00 PM LUNCH & TRADE VISIT**
- 2:00 - 3:00 PM **ODDBALLS**
[7 minutes each] *Wielding the sword - Synovectomy*
Minesweepers - Loose body removal and osteochondromatosis
Hide & seek: Knee MRI
Chondral injuries - Treatment challenges
Middle age painful knee - What not to miss?
Graft Healing and Rehabilitation
- Discussion**

- 11:40 - 12:10 PM **FREE PAPERS - KNEE (5MINS+ 1MINS DISCUSSION)**
- 12:10 - 1:10 PM **SYMPOSIA - INSTABILITY WITH BONE LOSS (S&N)**
[7 minutes each] *Is Arthroscopic Latarjet overhyped?*
Arthro-Latarjet with Cerclage tape fixation
Glenoid bone grafting using transverse scapular spine
Conventional Latarjet & outcome
Congruent ARC Latarjet & outcome
Humeral bone defects
- Discussion**
- 1:10 - 2:00 PM LUNCH & TRADE VISIT**
- 2:00 - 3:00 PM **FREE PAPERS - KNEE [5MINS+ 1MINS DISCUSSION]**
- 3:00 - 4:00 PM **FREE PAPERS - SHOULDER [5MINS+ 1MINS DISCUSSION]**
- 4:00 - 5:30 PM **FREE PAPERS - KNEE [5MINS+ 1MINS DISCUSSION]**

7.30 PM ONWARDS
ENTERTAINMENT & GALA COCKTAIL DINNER



DAY # 03

SAT - 17 SEP

Hall-A | KNEE

Hall-B | SHOULDER

8:00 - 9:00 AM **LIVE SURGERY: PAEDIATRIC ACL/ TROCHLEOPLASTY**

9:00 - 10:00 AM **OSTEOTOMY SESSION**

[7 minutes each] Osteotomies in Cruciate ligament insufficiency

Double level Osteotomy Knee :- " An Enigma "

Rotational Osteotomy of the femur-Indications, Technique, Outcome

Revisiting High Tibial Osteotomy

Transcendylar Valgus Osteotomy. Indications and Technique .

DFO - Indications & Technique

Complications of Osteotomy

Discussion

10:00 - 10:15 AM **ACL REPAIR - EVOLVING TECHNIQUES AND INDICATION**
BY Dr GREGORY DEFELICE

10:15 - 11:15 AM **INTERESTING & INNOVATIVE SESSION**

[7 minutes each] All inside ACL avulsion repair

All Arthroscopic Anatomic Posterolateral Knee Reconstruction

Day care ACL surgery

Role of intraoperative USG

Histological Comparison of Root tear - An Indian perspective

Dynamic 3D printing of Knee

Discussion

11:15 - 12:00 PM **LIVE SURGERY: EPISEALER by Dr KARL ERIKSSON**

European & personal experience and Results of Episealer mini metal implant for focal cartilage lesions in the knee

12:00 - 1:00 PM **SYMPOSIA- MENISCUS (ARTHREX)**

[7 minutes each] Ramp tear & repair

Horizontal cleavage tears repair : when and how to repair

Anterior Horn lateral meniscus root tear - rare but do exist

Classic bucket handle tear repair

Mensical radial tear & root repair with anchor- Repair techniques

Managing meniscus repair failures

Discussion

1:00 - 2:00 PM LUNCH & TRADE VISIT

2:00 - 3:00 PM **LIVE SURGERY: MENISCAL ALLOGRAFT TRANSPLANTATION**

3:00 - 3:30 PM **PANEL DISCUSSION- ACL in Challenging situations**

3:30 - 4:30 PM **GOLD MEDAL SESSION-KNEE [7MINS +3MINS DISCUSSION]**

- Diagnosis of knee injuries: comparison of the physical examination under anaesthesia with the findings from arthroscopy
- Knee instability in association or as sequelae following fractures of femur and tibia - an analytical study
- Prospective study to assess stability and functional restoration after anatomic posteromedial corner and anterior cruciate ligament reconstruction for chronic anteromedial instability
- Association of lateral femoral condyle index, notch width index and risk of anterior cruciate ligament injury
- Sequential eccentric drilling: an effective technique to shift tibial tunnel position by 2-5mm to an ideal anatomic position in ACL single bundle reconstruction
- Biomechanical testing of three different tibial cortical suspension devices for ACL reconstruction compared with T-button-A

4:30 - 5:30 PM **LIVE SURGERY: ACL RECONSTRUCTION USING QUAD TENDON GRAFT**

5:30 - 6:30 PM



8:00 - 9:00 AM

UNCHARTERED TERRITORIES!

Vascular embolization of arterioles in patients with frozen shoulder

Arthroscopic brachial plexus release

Management of Pectoralis major tears

Scapulothoracic Dyskinesia & cuff tears

Use of telehealth for shoulder patients.

3D Mapping in Revision Instability Surgery

Microinstability in young patients

Discussion

9:00 - 10:00 AM

LIVE SURGERY: ARTHROLATARJET

10:00AM - 11:00 AM

IRREPARABLE CUFF TEAR SESSION A-Z

[7 minutes each]

Massive irreparable rotator cuff tear : Decision making

Superior Capsule Reconstruction with Biceps Tendon for irreparable rotator cuff tears

Patch augmentation for irreparable massive rotator cuff tears

Arthroscopy assisted Lower trapezius transfer for irreparable posterosuperior cuff tears using hamstring graft

Tendon transfer for antero superior cuff tear

Reverse shoulder arthroplasty with computer navigation for rotator cuff tear arthropathy with bone defects

Reverse shoulder arthroplasty with computer navigation for rotator cuff tear arthropathy with bone defects

Reverse shoulder arthroplasty with computer navigation for rotator cuff tear arthropathy with bone defects

Reverse shoulder arthroplasty with computer navigation for rotator cuff tear arthropathy with bone defects

Discussion

11:00AM - 11:30 AM

PANEL DISCUSSIONS - MASSIVE CUFF TEAR

11:30AM - 12:00 PM

CHALLENGING SHOULDER SESSION

[7 minutes each]

Management of the non arthritic stiff and painful shoulder.

Chronic anterior dislocation shoulder

Locked posterior shoulder dislocation

12:00PM - 1:00 PM

SYMPOSIA- SUBSCAPULARIS (SIRONIX)

[7 minutes each]

Arthroscopic Classification & identification of Subscapularis tears

Subscapularis repair-Inside the box

Subscapularis repair-Outside the box

Large to massive tear: Hybrid technique with patch augmentation

Management of chronic Subscapularis tear

Discussion

1:00 - 2:00 PM

LUNCH & TRADE VISIT

2:00PM - 3:00 PM

GOLD MEDAL SESSION - SHOULDER [7MINS +3MINS DISCUSSION]

- Long term radiological assessment of bio composite suture anchors and all suture anchors in Bankart repair.
- Incidence and impact of glenohumeral internal rotation deficit on time loss and non-time loss shoulder injuries in elite Indian male cricketers
- Arthroscopic stabilisation in the first-time traumatic shoulder dislocation: when is it justified?
- Evaluate and compare the results of conservative management versus arthroscopic subacromial decompression in symptomatic partial rotator cuff tears.
- Is frozen shoulder also common in pre-diabetics? A prospective study to assess the correlation between undiagnosed pre-diabetics in newly diagnosed cases of the frozen shoulder.
- Does the use of a single anchor with double mattress technique suffice for Remplissage in patients with Bankart and Hill sach lesions, an analysis of clinical and radiological outcomes

3:00PM - 3:30 PM

EBM- KNOW THE FACTS

[7 minutes each]

Long term outcome of Large bony bankart: "Arthroscopic and Open fixation techniques "

Artificial Intelligence future of Shoulder Rehab

Discussion

3:30 - 4:00 PM

ELBOW SESSION

[7 minutes each]

Arthroscopic treatment of post-traumatic stiff elbow: Tips and Tricks

Distal biceps tendon ruptures treatment options.

Cubital tunnel release and ulnar nerve transposition for ulnar nerve instability in athletes.

Discussion

4:00 - 5:00 PM

LIVE SURGERY: SCR

6.30 PM ONWARDS - VALEDICTORY & PRIZE DISTRIBUTION

DAY # 03

SAT - 17 SEP

Hall-C **MASTERCLASS - Shoulder**
Theme - Race

Hall-D | **PAPERS**

- 8:30 - 9:00 AM **CLINICAL EXAMINATION - SHOULDER**
- 9:00 - 10:00 AM **ON YOUR MARK !**
Shoulder - Position, Setup
The playing field! Instruments & Equipments
- [7 minutes each]*
- GET SET !**
Access to shoulder: Glenohumeral & Subacromial Portals & Diagnostic arthroscopy of shoulder
Skill to master | Knot tying
- GO !**
Art of Acromioplasty
See them better: Tips to prevent bleeding
- Discussion**
- 10:00 - 11:00 AM **RACE TACTICS 1 - UNSTABLE TRACK !**
Recreating IGHL tension-Armamentarium to take a good bite
Anterior labral repair: How to release & how much to release
Maximising stability & minimizing stiffness-Tips in Remplissage
Playing with portals for 360 deg repair
Latarjet- Step by step!
Rehab after Bankart repair
- [7 minutes each]*
- Discussion**
- 11:00 - 12:00 PM **RACE TACTICS 2- CUFF - POWER UNIT UPGRADE!**
Tips to identify & decision making in partial cuff tears
Cuff tear pattern assessment and reduction techniques
Tools for taking bites in cuff
Tips to achieve healing in primary cuff repair
When do i choose Single Row / Double row
Healing & Rehab after cuff repair
- [7 minutes each]*
- Discussion**
- 12:00 - 1:00 PM **SYMPOSIA PATELLA (BIOTEK)**
MPFLR using Quadriceps tendon- My technique
MPFL - Basket weave technique
MPFL single screw implant with TTO
2 in 1 procedure for habitual patella dislocation
4 in 1 procedure for habitual patella dislocation
Osteotomies for PF dysfunction
- [7 minutes each]*
- 1:00 - 2:00 PM LUNCH & TRADE VISIT**
- 2:00 - 3:00 PM **R & D IN SCOPY CAREER**
How to write a Scientific paper
Training in India and abroad
Strengthening your resume
Freelancing - Paradise or Pandemonium
- [7 minutes each]*
- 3:00 - 4:00 PM **ODDBALLS**
MRI Shoulder - Surgeon's perspective
MUA vs Capsular Release
Evolution of suture anchors: From then to now!
- [7 minutes each]*

- 8:00 - 9:00 AM **FREE PAPERS - KNEE [5 MINS+ 1 MIN DISCUSSION]**
- 9:00 - 10:00 AM **FREE PAPERS - SHOULDER [5 MINS+ 1 MIN DISCUSSION]**
- 10:00 - 11:20 AM **GOLD MEDAL SESSION - INNOVATIVE TECHNIQUE VIDEO (VIDEO & LITERATURE) [7+3MINS DISCUSSION]**
- Arthroscopic double bundle ACL reconstruction with Extra-articular tenodesis - innovative technique
 - Percutaneous posterior semitendinosus graft harvest - a quick and cosmetic graft harvest technique
 - A cost-effective technique to repair bucket handle tears of the meniscus
 - Arthroscopic visualization of the lateral femoral cortical button deployment during ACL reconstruction
 - Endoscopic extra-articular medial parameniscal cyst excision- our experience
 - Inside-out repair of complex tears in posterior horn of the lateral meniscus.
 - Technical tricks for arthroscopic fixation of lateral Hoffa's fracture
 - Modified Weaverdunn technique for neglected acromioclavicular joint dislocation
- 11:20 - 12:00 PM **FREE PAPERS - INNOVATIVE TECHNIQUE VIDEO (VIDEO & LITERATURE) [5MINS EACH]**
- 12:00 - 12:30 PM **SYMPOSIA - AC JOINT (ARTHREX)**
[7 minutes each]
- Lateral end clavicle excision- Indications and techniques
 - AC & CC repair with dog button & fiber tape
 - CC ligament reconstruction
- 12:30 - 1:00 PM **SYMPOSIA -REVERSE SHOULDER**
- 1:00 - 2:00 PM LUNCH & TRADE VISIT**
- 2:00 - 3:00 PM **FREE PAPERS - KNEE & ANKLE [5 MINS+ 1 MIN DISCUSSION]**
- 3:00 - 4:00 PM **FREE PAPERS - KNEE [5 MINS+ 1 MIN DISCUSSION]**
- 4:00 - 4:30 PM **CASE REPORT SESSION [2MINS CASE+1MIN DISCUSSION]**
- 4:30 - 5:30 PM **FREE PAPERS - KNEE [5 MINS+ 1 MIN DISCUSSION]**



6.30 PM ONWARDS - VALEDICTORY & PRIZE DISTRIBUTION

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