

# First APOA Middle East Foot & Ankle Course

Online  
Course

Date & Time  
**20<sup>th</sup> August** | 7:50 AM - 6:00 PM  
2022 | Saudi Arabia time |

(Programme Schedule is in Saudi Arabia time)



## Programme

Moderator to summarise the Guiding Principles of the topic and close session

Time: 07:55-08:00 am

### Opening Remarks

**Rajiv Shah**

Chairman, APOA Foot and Ankle Section

Time: 08:00-09:00 am | Moderator- **Carlo Borbon** (Philippines)

### Ankle Fractures (Case-based discussions)

#### Faculty

**Arvind Puri** (Australia), **Amro Alhoukail** (Saudi Arabia), **Chua Y P** (Malaysia)

Time: 09:00-10:00 am | Moderator- **Chua Y P** (Malaysia)

### Hindfoot Trauma (Case-based discussions)

#### Faculty

**Sulaiman A Almousa** (Saudi Arabia), **Rajiv Vohra** (India), **Abdullah Khawaldah** (Jordan)

Time: 10:00-11:00 am | Moderator- **Rajiv Vohra** (India)

### Midfoot Injuries (Case-based discussions)

#### Faculty

**Rizwaan Haroon** (Pakistan), **Rajiv Shah** (India), **Abdullah Khawaldah** (Jordan)

Time: 11:00-12:00 p.m | Moderator- **Rajiv Shah** (India)

### Neglected Trauma (Case-based discussions)

#### Faculty

**Amro Alhoukail** (Saudi Arabia), **Kumar Shantanu** (India), **Sulaiman A Alousa** (Saudi Arabia)

Time: 12:00-12:45 pm.

### Instructional Videos / Break

Posteromedial approach | **Dr Siddharth Sharma** (India)

MIS Calcaneus | **Kamlakar Rao** (India)

Medial malleolar osteotomy assisted ORIF Talus | **Rajiv Shah** (India)

Ankle arthroscopy | **Chayanin Anthong** (Thailand)

Insertional Achilles tendinopathy | **Y Chua** (Malaysia)

Fixation of Jones fracture | **Mark Blackney** (Australia)

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Delegate: \$50



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20<sup>th</sup> August 2022 | 07:50 AM - 0600 PM | [Saudi Arabia time]

Online Course



Time: 12:45-01:45 pm | Moderator- **Abdullah Khadalwah** (Jordan)

## Soft Tissue Pathologies

**Each topic 10 minutes presentation time**

Lateral Ankle Instability | **Carlo Borbon** (Philippines)

Achilles Tendon Injuries | **Kumar Shantanu** (India)

Principles of Tendon Transfer and common Transfers | **Arvind Puri** (Australia)

Achilles tendinopathy | **Andri Primardi** (Indonesia)

*Discussion-15-20 minutes*

Time: 01:45-2:30 pm | Moderator- **Nurettin Heybeli** (Turkey)

## Hindfoot Pathology

**Each topic 10 minutes presentation time**

Heel Pain & tarsal tunnel syndrome | **Chua Yeok Pin** (Malaysia)

Ankle Arthritis- Fusion or Replacement | **Nurettin Heybeli** (Turkey)

Equinus deformity | **Rajiv Shah** (India)

*Discussion- 15 minutes*

Time: 02:30-03:30 pm

## Keynote Guest Lecture 1 Hindfoot Fusion Tips and Tricks

**Prof. Mark Myerson**

Time: 03:30-04:15 pm | Moderator- **Gowreson Thevendran** (Singapore)

## Flat Feet

**Each topic 10 minutes presentation time**

Flat foot: Varieties & differential diagnosis | **Kumar Shantanu** (India)

PTTD | **Mohammad Farhan** (Singapore)

Triple fusion: tips & tricks | **Rajiv Vohra** (India)

*Discussion- 15 minutes*

Time: 04:15-05:00 pm | Moderator- **Orfan Arafa** (Saudi Arabia)

## Cavus Feet

**Each topic presentation time 10 minutes each**

Presentation Deformity and Diagnosis | **Arvind Puri** (Australia)

Systematic Approach to Surgical Decision Making | **Orfan Arafa** (Saudi Arabia)

*Discussion - 10 minutes*

Time: 05:00-06:00 pm | Moderator- **Maan Tabaa** (UAE)

## Forefoot Conditions

*Each topic presentation time 10 minutes each*

Scarf and Akin in Hallux Valgus | **Maan Tabaa** (UAE)

Lesser toe Deformities | **Mark Blackney** (Australia)

First MTP Arthrodesis | **Gowreson Thevendran** (Singapore)

Metatarsalgia- approach & management | **Rajiv Shah** (India)

*Discussions-15 minutes*

Time: 06:00-06:30 pm | **Keynote Guest lecture 2**

## Deformity Correction Experience at Steps2Walk Humanitarian Projects

**Prof. Mark Myerson**

Time: 06:30-06:35 pm | **Closing Remarks**

**Arvind**

Secretary, APOA Foot and Ankle Section

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